



The Catholic Women's League of Canada  
London Diocesan Council

To: All Parish Presidents, Community Life Chairperson  
CC: London Diocesan Council, Mary Capobianco OPC Community Life Chairperson  
From Pat Sloan, Community Life Chairperson  
Date March 2022  
**Directive # 5**

**To begin this season of Lent, let us be mindful of the 3 Pillars of Lent.**

**PRAYER:** “This Lent please pray for the efforts of Mission Priests, Religious Sisters and Brothers and lay pastoral leaders in the Pope’s missions, each of whom is making a difference for vulnerable communities in our world.” Pope’s Missions At this time keep Ukraine in your prayers.

**FASTING:** This lent as you fast for a specific intention remember the work of the missions around the world.

**ALMSGIVING:** Please support Development and Peace’s Share Lent Campaign and The 1% Project.

Ways to donate to Ukraine that are safe:

- 1. Catholic Near East Welfare Association CNEWA** <https://cnewa.org/ca/campaigns/ukraine/>
- 2. Development and Peace** [https://www.devp.org/en/wp\\_press\\_release/solidarity-prayers-and-support-for-ukraine](https://www.devp.org/en/wp_press_release/solidarity-prayers-and-support-for-ukraine)
- 3. Red Cross** <https://donate.redcross.ca/page/100227/donate/1?locale=en-CA>

Closer to home let us not forget the homeless. Homelessness has exploded over the last 2 years across Canada in cities large and small.

Assumption University’s Fr. Joseph Quinn Social Justice Series on April 29,2022 at 10am is offering a presentation and the topic is Homelessness with a theme focused on “ the power of one”

**Here is the YouTube Link:** <https://www.youtube.com/watch?V=gB6k8qg68hc>

God Bless,

Pat